







Event Guide
June 18-21, 2018



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Dear Participants and Coaches,

We are honored to host you for our second annual USTA All-American College Combine presented by adidas at the Home of American Tennis, the USTA National Campus.

During the inaugural season at the USTA National Campus, we welcomed 120 players for the 2017 Combine. Every participant competed in fitness testing and multiple matches, with individual results being sent following the event.

We have used player and parent feedback to enhance the 2018 Combine even more. This includes working closely with UTR to develop a level-based format as well as a Tournament Shootout to declare the winners.

In advance of your travel to Orlando, we would like to share with you some important information for both players and coaches. Should you have any questions regarding the enclosed materials or about the facility, please locate our contact information on the next page.

We wish you safe travels and we hope you have a memorable experience at the National Campus.

Scott Treibly and Brian Ormiston Tournament Directors



2017 USTA All-American College Combine Participants



COMBINE INFORMATION - 1

Tournament Directors

- Scott Treibly Cell: (941) 704-7016; Email: Scott.Treibly@gmail.com
- Brian Ormiston Cell: (407) 725-8113; Email: Brian.Ormiston@usta.com

General Information

- The 2018 USTA All-American College Combine presented by adidas from June 18-21 is an opportunity for American junior boys and girls of all levels who have the goal of playing college tennis in mind. It will allow them to showcase their athleticism and tennis skills for college coaches from all over the country and all levels.
- Winners receive a wild card into the main draw of a 2018 Pro Circuit \$15K event.
- Results from fitness tests and match play will be sent to college coaches.

Last Year's Field

- Of the 120 players in the 2017 Combine, 116 were freshmen, sophomores or juniors. One of the four seniors is now a member of the LSU men's tennis team.
- As of June 2018, a total of 26 participants from last year have since joined a college tennis program, signed an NLI or given a verbal commitment. Several other players are still deciding as they continue to have successful junior careers.

Who is Eligible to Participate?

• USTA members with high school graduation years of 2018, 2019, 2020, 2021 (2022 may be permitted to register, please email the tournament directors in advance).

Cost

- \$349 per participant. Registration link from UTR.
- Registration with UTR opens April 3 and closes June 4. Deadline may be extended based on number of players registered, and a wait list is available.
- From June 5-11, refunds will be offered for 50% of the registration rate. After June 11, no refunds will be offered.

Recruiting Videos

- BirdsEyeSports has the ability to provide players with video packages to assist in their recruitment. These include videos of their matches, ground-level footage, interviews and skill sessions. Cost is \$250 per participant when registering online, or \$350 on-site.
- Register directly on the main UTR registration page.



COMBINE INFORMATION - 2

adidas, the adiplayer Lounge and the adidas Makers Lab

- adidas representatives will be on hand throughout the Combine.
- The adiplayer Lounge will be open throughout the Combine. Players can visit the adiplayer Lounge on the second floor of the Tournament Administration Building.
- All participants will be able to receive a complimentary shirt at the adidas Makers Lab.
 They will be able to customize it with custom heat patches. Participants also will have the chance to put their name and number on their respective shirt as well. The adidas Makers Lab will be located in the adiplayer Lounge.
- Participants who are already signed up with adiplayer will receive a complimentary gift during the Combine. To qualify for adiplayer, players must be at least a three-star recruit or top-20 in their section (other factors may apply). To learn more, visit <u>adiplayer.com</u>.

Attire and Numbers

- You will be provided a shirt at check-in to wear during Fitness Testing on June 18.
- Please wear your own attire during match play.
- You will receive bibs at check-in that you are asked to wear on the BACK of your shirts during all events so you can be easily identified.

Communication

- During the event, check your phone and inbox for communications and USTA updates.
- If you feel that you are not getting updates, please email brian.ormiston@usta.com to verify that your information is on file.

Medical

• The USTA will provide athletic medicine personnel throughout the event. It is recommended from the staff that players arrive ready to perform at their maximum potential both on and off the court.

Practices and Hitting Partners

- Practice courts will be open on a first-come, first-serve basis on June 18. Check in at the TA Desk to find a hitting partner.
- For players who are not part of the first matches on court June 19-20, warm-up court information will be available soon.
- If you plan to practice June 17, visit USTANationalCampus.com to book a court.



COMBINE INFORMATION - 3

Schedule and Group Release Date

• The schedule and group assignments will be released on approximately June 15.

Singles and Doubles

- Singles format is outlined in an upcoming section of this guide.
- Doubles matches will be available on June 20 and June 21, if time and weather permits.
- Doubles scores will be recorded and count toward UTR.
- Doubles matches will be one six-game set. No-AD scoring, do not play lets.
- If players are interested in doubles, please indicate this on the registration page. If you have a desired partner, please email Brian.Ormiston@usta.com by June 13.
- Players are asked to work with the Tournament Administration desk to assist in setting up doubles matches starting on June 20.

Special Guests

Players will have the honor of hearing from three of the leading voices in tennis: former
Top 20 player in the world Leslie Allen, performance physiologist Dr. Mark Kovacs and
racquet "stringer to the stars" Roman Prokes.

Surface

Hard courts (Clay courts and/or indoor courts may be used depending on weather).

UTR

- All matches will count toward the players' UTR ratings.
- UTR ratings as of June 11 will be used to determine group assignments.

Warm-Ups and Practices

- Players receive five minutes of warm-up time before each match.
- Extra practice courts June 19-20 will be available at Lake Nona High School (12500 Narcoossee Rd). Access the courts through the gates closest to the football field.

Weather

- Expect to experience afternoon temps in the high 80s & low 90s in Florida summers.
- Inclement weather may force the schedule and format to be adjusted, and matches could be moved to clay courts or indoors.
- If the schedule and format change, matches may be one four-game set, no-ad scoring.



PLAYER SCHEDULE*

Monday, June 1	18
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Time	Event	Location
8:00 AM - 1:30 PM	Check-In	Tournament Administration Bldg.
8:00 AM - 9:00 PM	Practice Courts Available	Team USA Courts
9:30 AM – 1:30 PM	Racquet Education with Roman Prokes	Racquet Bar (Welcome Center)
	Learn about stringing and racquet customization –	
	Sessions will take place at 9:30, 10:30, 11:30, 12:30	
12:00 PM - 1:30 PM	Lunch	On Your Own
1:45 PM - 5:00 PM	Welcome from USTA PD and Group Photo	Indoor Courts
	Fitness Testing with Dr. Mark Kovacs	Indoor Courts
	Tactics and Stretching with College Coaches	Indoor Courts
	Win4Life with Leslie Allen	Indoor Courts
	College Preparation with Scott Treibly	Indoor Courts
	All of the above are for coaches and players only.	
	Parents are invited to watch the fitness testing.	
6:00 PM - 7:00 PM	Welcome Reception w/ Food, Drinks & Games	Plaza at Collegiate Center
	For players.	
6:00 PM - 7:00 PM	Parents Information Session	Net Post Grill in Welcome Center
	For parents.	
	Led by USTA staff and college coaches.	

Tuesday, June 19

Time	Event	Location
7:00 AM - 8:30 AM	Breakfast	On Your Own
8:30 AM – 6:30 PM	Match Play	Team USA Courts
	Report for matches 15 minutes prior to start time.	
9:00 AM - 1:30 PM	Racquet Education with Roman Prokes	Racquet Bar (Welcome Center)
	Learn about stringing and racquet customization –	
	Sessions will take place at 9:30, 10:30, 11:30, 12:30	

Wednesday, June 20

Time	Event	Location
7:00 AM - 8:30 AM	Breakfast	On Your Own
8:30 AM – 5:00 PM	Match Play	Team USA Courts
	Report for matches 15 minutes prior to start time.	

Thursday, June 21

Time	Event	Location
6:30 AM – 7:30 AM	Breakfast	On Your Own
8:00 AM - 1:00 PM	Tournament Shootout	Team USA Courts
	Report for matches 15 minutes prior to start time.	

*SCHEDULE SUBJECT TO CHANGE



COLLEGE COACH SCHEDULE*

Monday	, June	18
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Time	Event	Location
8:00 AM – 1:00 PM	Check-In	Tournament Administration Bldg.
	Or contact Brian Ormiston to check-in another time	
9:00 AM – 1:00 PM	Racquet Education with Roman Prokes	Racquet Bar (Welcome Center)
	Learn about stringing and racquet customization —	
	Sessions will take place at 9:30, 10:30, 11:30, 12:30	
12:00 PM - 1:00 PM	Lunch Provided by USTA	Tournament Administration Bldg.
	Meal voucher to be provided at check-in	
1:15 PM – 1:35 PM	Fitness Testing Education Session	Indoor Courts
	Led by Dr. Mark Kovacs, this will help	
	provide instruction and insight into these	
	tests as well as the importance of	
	strength and conditioning.	
1:45 PM - 5:00 PM	Fitness Testing with Dr. Mark Kovacs	Indoor Courts
	Coaches permitted to watch fitness testing.	
6:00 PM – 7:00 PM	Welcome Reception	Plaza at Collegiate Center
	For players and coaches.	& Welcome Center
Tuesday, June 19		
Time	Event	Location
7:00 AM – 7:30 AM	Breakfast Provided by USTA	PD Champions Lodge
7:30 AM – 8:30 AM	USTA Player Development Coaching Education	PD Champions Lodge
	All coaches invited to attend.	
	Topic: Injury Prevention with Ed Ryan	
8:30 AM – 6:30 PM	Match Play	Team USA Courts
Wednesday, June 20		
Time	Event	Location
7:00 AM – 7:30 AM	Breakfast Provided by USTA	PD Champions Lodge
7:30 AM – 8:30 AM	USTA Player Development Coaching Education	PD Champions Lodge
	All coaches invited to attend.	
	Topic: Nutrition for the College Athlete	
	with Tara Collingwood	
8:30 AM – 5:00 PM	with Tara Collingwood Match Play	Team USA Courts
8:30 AM – 5:00 PM <i>Thursday, June 21</i>	_	Team USA Courts
	_	Team USA Courts Location



EVENT FORMAT - 1

Assigning Players to Their Pods and Groups

- Players are broken up into eight eight-player pods A, B, C, D, E, F, G, H. Each pod has two groups of four players.
- Players are assigned to their pods and group based on UTR as of June 11. The player with the highest UTR will be No. 1, second-highest UTR will be No. 2, and so on.
- Pod A has No. 1-8, Pod B has 9-16, Pod C has 17-24 and so on.
- Players will play each of the three members of their group.
- Winners of each group, plus the runners up of A and B, advance to the Tournament Shootout.

Group Tiebreakers

• If a tie exists in a group, winner will be determined by: 1) Head-to-head, 2) Games won-lost ratio, 3) Record vs. those tied with (if weather did not affect the group), 4) Highest UTR.

Scoring for Group Matches*

- Matches are best of three sets to six with a 10-point breaker for third sets (win by two).
- No-ad scoring. Do not play lets.
- Private coaches are not permitted to be on court with junior players.
- Roving officials will be used.
- Report scores to the Tournament Desk after each match.

Format for Tournament Shootout*

- There will be 16 group winners who advance to the single-elimination Tournament Shootout.
- Group winners from Pods E, F, G and H will play each other in the first round.
- First round winners advance to play C and D winners.
- B winners and runners up receive byes into the third round, while A winners and runners up are in the quarterfinals.
- Boys' and girls' winners will earn the USTA Pro Circuit wild cards.

Scoring for Tournament Shootout*

- One set, first to four games.
- No-AD scoring. Do not play lets.
- Tiebreaker at 3-3. Tiebreaker played to five, win by two. Change ends after six points.

Scoring for Matches Affected By Weather*

- If matches are shortened due to weather, they will have the same scoring format as the Tournament Shootout (above).
- If the tournament shootout is affected by weather, matches will be 10-point breakers.

^{*}FORMAT AND SCORING SUBJECT TO CHANGE



EVENT FORMAT - 2

Here is a breakdown of Combine Pods and the Tournament Shootout. The player with the highest UTR is assigned the No. 1 position, the second-highest No. 2, and so on.

Pod A

Pod B

Pod C

Pod D

Pod E

Pod F

Pod G

Pod H

2018 USTA All-American College Combine

Tournament Shootout





FITNESS TESTING

Seven Tips to Stand Out in the College Combine - From Dr. Mark Kovacs

Education Session for Coaches

- Before fitness tests begin on June 18, coaches are invited to listen to Dr. Mark Kovacs who will explain the importance of working on each of these drills, as well as strength and conditioning throughout the year.
- This session will run from 1-1:45 p.m. on the indoor courts.

Fitness Tests (2-5 p.m. on the indoor courts)*

- 20-yard dash
- Vertical jump
- Horizontal jump
- Medicine ball forehand
- Medicine ball backhand
- Spider agility
- 30-second first step endurance test

Fitness Scoring*

- Fitness testing: the average finish from all 7 tests will be scored for each player.
- All participants will be ranked based on the results of their fitness tests. If a player finished 4th, 16th, 1st, 3rd, 1st, 21st and 17th in the fitness tests, their average placement would be 9.00 (63/7).
- Winner of the fitness testing will receive a commemorative plaque and be recognized in post-event recaps and emails to college coaches.

Results

- Individual results will be sent out following the event.
- This will allow players to analyze how they compare with the rest of the field, and what they may need to work on the most.

*FORMAT AND SCORING SUBJECT TO CHANGE



MONDAY AFTERNOON SESSIONS

Fitness Testing, Win4Life, College Preparation

On Monday, June 18, from 2-5 p.m., players will be divided into four groups in the indoor facility. They will then rotate between stations:

- Fitness Testing with Dr. Mark Kovacs
- Warm-Up for Fitness Testing
- Win4Life with Leslie Allen
- College Preparation with Scott Treibly and College Coaches

Due to space limitations, Win4Life and College Preparation is for players only.

MONDAY EVENING SESSIONS

Welcome Reception, Education Session

On Monday, June 18, from 6-7 p.m., the USTA invites players, parents and coaches to a Welcome Reception and Parents Information Session at the USTA Welcome Center. Food and beverages will be available.

All parents are invited to attend, which will help provide education and answers into the process of finding a college that's right for their son or daughter. Among the guest speakers:

- USTA staff
- College coaches
- Rollins College Associate Director of Admission Elissa Jovita

RACQUET EDUCATION

On Monday and Tuesday from 9:30 a.m. to 1:30 p.m. during the Combine, special guest Roman Prokes will be on hand at the Racquet Bar in the Welcome Center.

Monday

- -9:30-10 a.m. Why is customization for me?
- -10:30-11 a.m. The pros and cons of your string choices.
- -11:30-12 p.m. Why is customization for me?
- -12:30-1 p.m. The pros and cons of your string choices.

Monday sessions will take place at 9:30-10:30 a.m., 10:30-11:30 a.m., 11:30-12:30 p.m. and 12:30-1 p.m. Players and coaches are encouraged to stop by when a new session begins.

For Tuesday starting at 9 a.m., players have the option to sign up for individual sessions through 1:30 p.m. There will be two spots available per half-hour session. If interested, sign up by emailing Josh.Bramblett@usta.com.



USTA NATIONAL CAMPUS - 1

Contact Information USTA National Campus

10000 USTA Blvd. Orlando, FL 32827 (407) 675-2500

www.USTANationalCampus.com

Social Media Social Handles: @USTA

Hashtag: #USTACombine

Snapchat: There will be a National Campus filter

About the Campus

The USTA National Campus is the largest tennis facility in the world. It is located on 64 acres and divided into dedicated areas that focus on the complete tennis pathway.

The cutting-edge center features a total of 100 courts (32 Plexicushion hard courts, 32 Har-Tru green clay courts, 16 Nemours family zone courts, 8 DecoTurf acrylic cushion courts, 6 European Terre Davis red clay courts and 6 ReBound Ace indoor courts) along with two stadium courts.

PlaySight is the official live streaming and court analytics partner of the campus, as there are 32 PlaySight SmartCourts, while all 84 tournament courts offer live streaming.

For the College Combine, match play will be live streamed on USTANationalCampus.com.

The collegiate complex provides seating for 1,200 fans and can host two college dual-matches simultaneously. Meanwhile, the adidas Performance Center is the home of USTA Player Development. This area features 20 courts, an indoor facility and a player lodge. It also houses the athletic training area that includes a strength and conditioning complex, a 350-foot ProTraxx sprint track, a sand pit, indoor and outdoor workout areas and hot/cold soaking tubs.



USTA NATIONAL CAMPUS - 2

On-Site Dining

NET POST GRILL

- The Net Post Grill is the centerpiece of the campus' dining operations. It features the widest array of food options on campus, including a variety of grill favorites, international fare and healthy options.
- Hours of operation during the Combine are TBD.

COURTSIDE CAFÉ

During active event times, the Courtside Café at the Tournament Administration
 Building between the hard and clay courts will be open as well.

Prohibited Items

- Coolers, food and beverages (except medical, dietary, or infant)
- Smoking/e-cigarettes
- Video recording devices
- Pets (except service animals)
- Weapons of any kind or objects that appear to be weapons
- Unmanned aerial vehicles (drones)
- Skateboards, scooters, hover boards, roller blades and bicycles
- Swimming or fishing in ponds
- Any other items as determined by USTA that may be potentially harmful or disruptive
 *Patrons shall at all times wear appropriate tennis attire on court (including shirts and tennis shoes)



TENNIS SERVICES

Tennis Related Services

PRO SHOP

- The USTA National Campus Pro Shop features the newest products from adidas, Wilson, HEAD, Babolat and more.
- It carries a wide assortment of National Campus merchandise.
- Powered by the nationally-recognized distributor *Fromuth Tennis*, this brand new showroom is open until 8 p.m. nightly.

RACQUET BAR

- The Racquet Bar is a full-service stringing hub. It has a staff of experienced stringers and
 customer service associates whose goal is to enhance your playing experience. During
 the College Combine, your racquets are their top priority and if needed, stringers will be
 coming in early and leaving late to get your racquets done. Rush service and on-court
 delivery can be accommodated, but it is recommended to give advance notice.
- Hours are from 7:30 a.m. to 8 p.m. during the Combine.
- Costs Stringing: \$20/frame. Matching: \$25/frame. Gripping: \$5/frame.
- Contact Sean Prokes, Racquet Bar Manager, <u>SeanP@FromuthTennis.com</u>, (407) 675-2506.
- Racquet customization becomes increasingly important as tennis becomes more competitive. A small edge can have major results.
 - o Roman Prokes began his career traveling with Andre Agassi and other tour professionals. Stringing led to customization, and he became the leading professional in the industry when it came to racquet customization. His shop in New York is half retail and half workshop. Customizing can mean adding weight, matching racquets to each other, changing handles (different shapes and sizes) and even adjusting the length of a racquet. Roman has worked with the U.S. Davis Cup team since 1994 and his wife, Angelika Prokes, is currently stringing for the U.S. Fed Cup team.
 - To learn more about this service, visit the Racquet Bar in the Welcome Center.
 Sessions will take place June 18-19 at 9:30 a.m., 10:30 a.m., 11:30 a.m. and 12:30 p.m.

LOCKER ROOMS

 Men's and women's locker rooms are located on the west side of the Welcome Center, and can also be accessed through the Pro Shop.



TRAVEL - AIR

2018 USTA All-American College Combine

ARRIVAL

Check-in at the USTA National Campus Tournament Administration Desk is Monday,
 June 18, from 8 a.m. to 1:30 p.m.

DEPARTURE

• The 2018 USTA All-American College Combine will conclude Thursday, June 21, at approximately 1 p.m.

Air

ORLANDO INTERNATIONAL AIRPORT

- 1 Jeff Fuqua Blvd, Orlando, FL 32827
- www.OrlandoAirports.net
- Located less than 10 miles from the USTA National Campus

Luggage

TO THE AIRPORT

Bags, Inc. provides guests the ability to head directly to the airport gate without the
hassle of checking in luggage. Visit www.maketraveleasier.com/usta for more
information.



2017 USTA All-American College Combine Winners, RJ Fresen and Anika Yarlagadda



TRAVEL - GROUND

Directions

FROM THE AIRPORT - TOLL ROUTE (APPROXIMATELY 13 MINUTES)

- Begin route on Jeff Fuqua Blvd
- Follow signs for South Exit / SR-417
- After approximately 3 miles, keep left to SR-417 N / Orlando / Daytona Beach
- After 2 miles, keep right for Exit 19: Lake Nona Blvd
- From exit, turn left onto Lake Nona Blvd
- After 1.4 miles, turn left onto Wellspring Drive
- After 0.5 miles, turn right onto USTA Blvd

FROM THE AIRPORT - NON-TOLL ROUTE (APPROXIMATELY 16 MINUTES)

- Begin North on Jeff Fuqua Blvd
- After 1 mile, keep right for Exit 1A: SR-528 E
- After 2.5 miles, keep right for Exit 13: Narcoossee Road
- From exit, turn right onto Narcoossee Road
- After 3.4 miles, turn right onto Lake Nona Blvd
- After 2 miles, turn right onto Wellspring Drive
- After 0.5 miles, turn right onto USTA Blvd

Transportation

PEGASUS TRANSPORTATION

- Pegasus Transportation is the preferred bus/van transportation provider for the USTA National Campus. They offer a wide variety of services including airport shuttles.
- For more information or to book transportation, please email <u>USTA@Pegasusbus.com</u> or call (407) 812-8812.
- Reference "USTA" to receive discounted rates.

RENTAL CARS

• The USTA provides a 5% discount off lowest available rates thanks to a relationship with Enterprise/Alamo/National. Book online: https://partners.rentalcar.com/usta

LYNX

 Lynx provides the USTA National Campus with a green transportation alternative. The bus stop is located at the end of USTA Boulevard where it intersects with Wellspring Drive. Visit www.GoLynx.com for more information.



TRAVEL - HOTELS

The USTA National Campus has partnered with Anthony Travel as its "Official Travel Management Services Provider." An industry leader, Anthony Travel will book your hotel stay and air travel for USTA National Campus guests at USTA discounted and pre-negotiated rates. In addition to hotels and airfare, Anthony Travel can assist you simplify your travel with VIP baggage delivery service through BAGS (www.maketraveleasier.com/usta), an official service provider of the USTA National Campus.

For travel assistance:

- Visit <u>www.USTATravel.com</u>
- Call 1-844-932-USTA (8782)
- Email <u>USTA@AnthonyTravel.com</u>

Combine Hotels

COURTYARD BY MARRIOTT - ORLANDO - LAKE NONA

- https://www.ustatravel.com/collegiate-combine/
- Supply is limited so please reserve right away. Deadline is MAY 18.
- Link above has additional hotel options.
- 6955 Lake Nona Blvd, Orlando, FL 32827
- (407) 856-9165

RESIDENCE INN BY MARRIOTT - ORLANDO - LAKE NONA

- https://www.ustatravel.com/collegiate-combine/
- Supply is limited so please reserve right away. Deadline is MAY 18.
- Link above has additional hotel options.
- 6955 Lake Nona Blvd, Orlando, FL 32827
- (407) 888-9974

Hotel Shuttle (Courtyard and Residence Inn are at the same location)

AIRPORT

- When arriving at the airport, once you have your luggage, call the hotel at (407) 888-9974. The shuttle will pick you up on the first floor of A or B side of the airport in a specific parking space.
- The hotel shuttle leaves for the airport starting at 4 a.m. and leaves every hour on the hour until midnight.

USTA NATIONAL CAMPUS

• There is a shuttle offered to the USTA National Campus, and it can be scheduled at the front desk at least one hour before your departure. Plan ahead for all shuttle movements as the shuttle is based on availability.



TOURNAMENT DESK

Location

• The Tournament Desk is located on ground level in the breezeway of the Tournament Administration Building between the Hard Courts and the Har-Tru Clay Courts.

Reporting Scores

• After each match, report scores to the Tournament Desk.

Resources

- The Tournament Desk will have updated schedules and information throughout the combine.
- TV monitors will also have continuous updates as well as a scoreboard.









RECRUITING VIDEOS

The USTA is working with BirdsEyeSports to provide players with the opportunity to purchase recruiting video packages for the 2018 USTA All-American College Combine.

2018 Recruiting Video Package

- Cost: \$250 when registering online, or \$350 on-site.
- Players Receive:
 - o Full video of all of their matches.
 - Edited 5-7 minute video that showcases:
 - Ground-level footage of matches to provide a closer look at footwork, skills and athleticism.
 - Head shots.
 - Player interview(s).
 - Skills sessions.
- Videos will be provided to the players soon after the event.

To register, please visit the main UTR registration page.

For more information on BirdsEyeSports, visit BirdsEyeSports.com.

To contact BirdsEyeSports directly:

Ben Talbott, President Phone: (203) 291-9077

Email: ben@birdseyesports.com



RUNDOWN FOR PARTICIPANTS

CHECK-IN

• Monday, June 18, from 8 a.m. to 1:30 p.m. at the Tournament Administration Desk. Practice courts are available all day. Fitness Testing runs from 2-5 p.m.

GIFT

• Each participant receives a gift bag at check in.

MEAL VOUCHER

• Each participant receives a meal voucher at check-in that they can use for one meal during the Combine at the Net Post Grille.

BALLS

• Tennis balls will be provided by the USTA for all matches.

PLAYER CHECKLIST

- ✓ Register at <u>UTR Events.</u>
- ✓ Sign <u>USTA National Campus Waiver.</u>
- ✓ Register with BirdsEye Sports if you're interested in purchasing a Recruiting Video Package
- ✓ Book travel
- ✓ Book hotel
- ✓ Pack appropriate attire and tennis equipment (including gear for hard and clay courts)

RUNDOWN FOR COACHES

COACH CHECKLIST

- ✓ Contact USTA Collegiate Staff to confirm your attendance (contact info on page five) and participation in Fitness Testing Education Session and/or Player Development Coaching Education Workshops
- ✓ Book travel
- ✓ Book hotel



USTA PD COACHING EDUCATION

From Monday-Wednesday, June 18-20, USTA Player Development invites all coaches to attend special Coaching Education sessions during the Combine. For USPTA and PTR educational credits, please see staff at each session.

For more information, visit the coaches schedule on page nine. Here are two of the guests coaches will hear from:

TARA COLLINGWOOD

MS, RDN, CSSD, ACSM-CPT

Tara Collingwood is a nationally recognized expert and spokesperson on nutrition, fitness and health promotion and is quoted in a variety of media including television, radio, newspapers, magazines and websites. She was the co-host of *Emotional Mojo*, a



national television show where she was the resident nutrition and health expert from 2013-15. She is a past National Media Spokesperson for the professional organization of 80,000 Registered Dietitians, the Academy of Nutrition and Dietetics (AND). Collingwood appeared regularly as the "Diet Diva" on the national morning television show, *The Daily Buzz* for 10 years. She is the author of *Pregnancy Cooking & Nutrition for Dummies* (2012) and co-author of *Flat Belly Cookbook for Dummies* (2014) and *All In One Pregnancy* (2016).

Collingwood is currently the team dietitian for the Orlando Magic and nutrition consultant to the UCF Athletic Department. She is also the nutrition consultant to the USTA. She is a nutrition and exercise executive coach at the Johnson and Johnson Human Performance Institute.

Collingwood graduated from Purdue University earning a bachelor's degree with a double major of dietetics and nutrition, fitness and health. She continued on at Purdue, earning a master of science degree in health promotion, specializing in health behavior and worksite wellness programs. She was inducted into the Purdue Alumni Hall of Fame in the School of Nutrition Science in 2013 for her many accomplishments in the field of nutrition.

ED RYAN

ATC, LAT

Ed Ryan serves the Andrews Institute as the Director of Athletic Medicine providing service on behalf of Nemours Children's Hospital to the USTA's National Campus – the Home of American Tennis (HOAT). Ryan joined the USTA/Nemours/Andrews partnership in October 2016 to lead the athletic medicine program. All participants at



HOAT may receive service by the athletic medicine team including the USTA's Player Development players, tournament players, recreational players, guests and spectators.

Prior to joining the Andrews Institute, Ryan served as the 2007-16 USA Basketball Women's National Team athletic trainer and medical services coordinator for all USA Basketball teams. Additionally, he served as a healthcare and management consultant to the Ferris Mfg. Corp., the makers of PolyMem and SportsWrap.



NCAA COMPLIANCE D-I

(Pertinent NCAA Division I Bylaws are listed below. For more information, visit NCAA.org)

NCAA Division I Bylaw 13.1.1.1 Time Period for Off-Campus Contacts – General Rule

• Off-campus recruiting contacts shall not be made with an individual (or his or her relatives or legal guardians) before July 1 following the completion of his or her junior year in high school, or the opening day of classes of his or her senior year in high school (as designated by the high school), whichever is earlier. U.S. service academy exceptions to this provision are set forth in Bylaw 13.16.1.

NCAA Division I Bylaw 13.1.3.1 Time Period for Telephone Calls – General Rule

• Telephone calls to an individual (or his or her relatives or legal guardians) may not be made before September 1 at the beginning of his or her junior year in high school.

NCAA Division I Bylaw 13.1.7.12 Evaluations in Individual Sports

• An institution's coach who is attending a practice or event in which prospective student-athletes from multiple institutions participate in drills (e.g., combine) or competition in an individual sport on a specific day shall use an evaluation only for those participants whom the coach observes engaging in practice or competition. The evaluation is not counted for a particular prospective student-athlete if a contact is made with that prospective student-athlete during the same day.

NCAA Division I Bylaw 13.4.1 Recruiting Materials and Electronic Correspondence - General Rule

 An institution shall not provide recruiting materials, including general correspondence related to athletics, or send electronic correspondence to an individual (or his or her parents or legal guardians) until September 1 at the beginning of his or her junior year in high school.

NCAA Division I Bylaw 13.5.1 Transportation General Restrictions

• An institution may not provide transportation to a prospective student-athlete other than on an official paid visit or on an unofficial visit.

NCAA Division I Bylaw 13.17.11 Recruiting Periods (Tennis)

 There are no specified recruiting periods in sports for which no recruiting calendars have been established, except for the Monday through Thursday of the week that includes the fall or spring signing of the National Letter of Intent.



NCAA COMPLIANCE D-II

(Pertinent NCAA Division II Bylaws are listed below. For more information, visit NCAA.org)

NCAA Division II Bylaw 13.1.1.1 Contacts and Evaluations for High School Prospective Student-Athletes

• In-person, off-campus recruiting contacts and telephone calls shall not be made with a prospective student-athlete or a prospective student-athlete's relatives or legal guardians before June 15 immediately preceding the prospective student-athlete's junior year in high school.

NCAA Division II Bylaw 13.1.3.1 Time Period for Telephone Calls – General Rule

• Telephone calls to a prospective student-athlete [or the prospective student-athlete's relatives or legal guardians(s)] shall not be made before June 15 immediately preceding the prospective student-athlete's junior year in high school; thereafter, there shall by no limit on the number of telephone calls made by the institutional staff members to a prospective student-athlete [or the prospective student-athlete's relatives or legal guardian(s)].

NCAA Division II Bylaw 13.1.7.2 Contact Restrictions at a Practice or Competition Site

• Recruiting contact may not be made with a prospective student-athlete before any athletics competition in which the prospective student-athlete is a participant during the day or days of competition.

NCAA Division II Bylaw 13.4.1 Printed Recruiting Materials

 An institution may not provide athletically related recruiting materials (including electronic mail and facsimiles) to a prospective student-athlete [or the prospective student-athlete's relatives or legal guardian(s) and coaches] before June 15 immediately preceding the prospective student-athlete's junior year in high school.

NCAA Division II Bylaw 13.5.1 Transportation General Restrictions

• (In summary) An institution may not provide transportation to a prospective student-athlete other than on an official paid visit or on an unofficial visit.

NCAA Division II Bylaw 13.17.4 Recruiting Periods (Tennis)

• There are no specified contact and evaluation periods for tennis except for the period 48 hours before 7 a.m. on the date for signing the National Letter of Intent.



NCAA COMPLIANCE D-III

(Pertinent NCAA Division III Bylaws are listed below. For more information, visit NCAA.org)

NCAA Division III Bylaw 13.1.1.1 High School Prospective Student-Athletes

• In-person, off-campus recruiting contacts shall not be made with a prospective student-athlete or the prospective student-athlete's relatives or guardian(s) until the prospective student-athlete has completed his or her sophomore year in high school. U.S. service academy exceptions to this provision are set forth in Bylaw 13.16.1.

NCAA Division III Bylaw 13.1.3 Telephone Calls to Prospective Student-Athletes

An institution may permit a student-athlete, a staff member, or a representative of athletics interests to
telephone a prospective student-athlete at the institution's expense at any time, provided the call is only
for the purpose of recruitment and is with full knowledge of the athletics department.

NCAA Division III Bylaw 13.1.5 Evaluations

• There are no restrictions on the number or timing of evaluations.

NCAA Division III Bylaw 13.4.1 Recruiting Materials – General Regulations

Institutions are permitted to provide to prospective student-athletes, prospective student-athlete's
relatives [or guardian(s)], and to coaches of prospective student-athletes any official academic,
admissions, athletics and student-services publications or electronic media published or produced by the
institution.

NCAA Division III Bylaw 13.5.1 Transportation – General Restrictions

• An institution may not provide transportation to a prospective student-athlete other than on the official paid visit or on an unofficial visit.

JUCO COMPLIANCE

JUCO Bylaw 3.C.1 Off-Campus Recruiting Locations

Athletic department staff may visit a prospect at any location for recruiting purposes.

JUCO Bylaw 3.C.2 Off-Campus Recruiting Expenditure of Funds

• Staff member may only expend funds necessary for his/her own expenses and may not expend funds or provide benefits to the recruit or the recruit's representatives.



LESLIE ALLEN

Being the No. 17 tennis player in the world by its nature was a lesson in how to Win4Life. An award winning dynamic speaker, media trainer and athlete development specialist, Allen works with corporations, colleges, nonprofits and individuals to inspire and teach the life-skills needed to be a winner "off the playing field." Through Win4Life Enterprises she shares her passion to educate, empower and lead.



Allen is an honor graduate of the University of Southern California. She is an ATA, NCAA and WTA champion who maintained a top-20 singles world ranking. Allen made history in 1981 by capturing the singles title at the Avon Championships of Detroit, becoming the first African American woman to win a major pro tournament since Althea Gibson's 1957 US Open victory.

An International Tennis Hall of Fame honoree and member of the Eastern Tennis Hall of Fame, Allen has worn many hats off the court; including a winning Division I collegiate women's varsity head coach, a television commentator, a Kraft Tour global media director and a top-20 player representative on the WTA board.

In 2002, she founded the Leslie Allen Foundation which gives young people insights into the 100+ careers behind the scenes in pro tennis, and teaches them how to be winners on and off the playing field.

Allen resides in Morristown, NJ and is a real estate professional.

DR. MARK KOVACS

Dr. Mark Kovacs is a performance physiologist, researcher, professor, author, speaker and coach with an extensive background training and researching elite athletes. He currently runs a consulting firm focused on optimizing human performance by the practical application of cutting edge science.



Kovacs formerly directed the Sport Science, Strength and Conditioning and Coaching Education departments for the USTA and was the Director of the Gatorade Sport Science Institute. He also currently serves as the Executive Director of the International Tennis Performance Association (iTPA).

An All-American and NCAA doubles champion at Auburn University, Kovacs earned his PhD from the University of Alabama. He is a Certified Strength and Conditioning Specialist (CSCS), Certified Tennis Performance Specialist (CTPS) and Master Tennis Performance Specialist (MTPS) through the iTPA.







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